



Introducing  
Cathy Austin



RDC Update



Resources and  
upcoming events



## Introducing Cathy Austin, Aboriginal Development Officer

Hello all, my name is Cathy Austin.

As the Aboriginal Development Officer for the Metropolitan Region, I work with the Sector Development teams in the Southern, Eastern, Western and Northern regions. I am extremely proud to be working out of the [Aborigines Advancement League \(AAL\)](#) in Thornbury, who are celebrating their 60th Year Anniversary this year, as I have always held this organisation in high regard. The history of AAL, past AAL staff, directors and founders truly created a pathway for workers like myself and continue to support community through their CHSP and State HACC PYP funded Home Care team.

I also work with the [Victorian Aboriginal Health Service in Fitzroy](#); [Aboriginal Community Elders Services in East Brunswick](#); [Dandenong & District Aborigines Cooperative](#); and [Mullum Mullum Indigenous Gathering Place](#) at Ringwood and Croydon. These organisations receive Aged Care funding and are affectionately referred to ACCHOs (Aboriginal Community Controlled Health Organisations) or ACCOs (Aboriginal Community Controlled Organisations).

ACCHOs and ACCOs work by a Self Determination concept which means the organisations are managed and directed by an Aboriginal Board of Directors. Each organisation provides unique holistic service to their local Aboriginal Communities. My role allows me to visit these agencies and provide support to their Aged Care workforce, often in collaboration with my colleagues from the Regional Sector Development teams.

As part of my role I convene a Metropolitan Aboriginal Aged Care & Disability Network. You may have seen a new fact sheet developed about this network or promotion about our new logo. I encourage your participation in our network, as it is a great opportunity to meet Koori workers and develop good working relationships. I also attend the EMR Alliance meetings so I look forward to meeting some of you at the October meeting.



### Cathy Austin

Aboriginal Development Officer

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## Regional Development Coordinator (RDC) update



The [RDC/RAS Update tab](#), on the [EMR Alliance website](#), is regularly updated with information that will support your work during this period of transition.

### September [updates](#), media releases and announcements include:

- Multi-Purpose Services—Flexible Places Allocations Round—opens 25 September
- Victorian CHSP allied health and nursing pathway transition to My Aged Care Fact Sheet, further information for CHSP allied health and nursing providers ,and health professionals making a referral
- Aged Care Update: CHSP update for service providers, Sector Support and Development funding extension, My Aged Care update, Date Exchange provider reports coming soon, Withdrawal and novations, Funding increase for some CHSP meal providers, WA HACC transition, CHSP acquittals and cessation of SSR
- Aged Care Update: Indexation rates for Residential Aged Care and Home Care Packages and changes to the Maximum Permissible Interest Rate (MPIR)
- More support for people with an eating disorder
- Information for Aged Care Providers – 15 September 2017
- Aged Care Update: Home Care Packages data report and wait times
- Aged Care Update: COTA Australia’s Increasing Self-management in Home Care Project Survey
- Data Exchange News
- Information for Aged Care Providers – 1 September 2017
- New NDIS Roll-out Areas
- 6,000 extra high need home care packages and \$20 million My Aged Care revamp;
- Have your say on cancer care for Aboriginal and Torres Strait Islander people
- Medical technology investment to improve lives
- Rugby legends team up for new Deadly Kangaroos World Cup health campaign
- Prudential Standards Review
- Launch of ‘Kids Alive- Do The Five’ and Australians Asked to gear Up For Organ Donation on Jersey Day
- Grass roots response to win ice war

**EMR Issues Log** - In accordance with the state-wide [Issues Management Pathway](#), the August EMR Issues Log was lodged 30 August 2017. Regional feedback identified multiple systemic issues regarding regional communication and pathways.

Both Commonwealth and State Departments have advised that this valuable feedback provides regional context to issues, which in turn assist them to develop any necessary messaging or resources using regional communication

If you have any queries regarding any the above information, would like to register an issue, or are seeking further information, please contact the EMR RDC Ayesha Fathers on [ayasha.fathers@each.com.au](mailto:ayasha.fathers@each.com.au) or 0428 167 331

### Eastern Sector Development Team contacts:

#### Wellness & Reablement Consultants

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#### Diversity Advisor

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#### Regional Development Coordinator

Ayesha Fathers

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## Resources and upcoming events

### BECOMING A DEMENTIA FRIENDLY COMMUNITY IN FOREST HILL



A group of local organisations are working together to find ways to make our community more dementia friendly with the aim of improving the quality of life for people living with dementia.

This group has chosen to focus on the inclusion of people living with dementia and their family and friends who live, work, recreate or have a connection to **Forest Hill**. There are an estimated 1,383 people in Forest Hill currently living with dementia. A dementia-friendly community is a place where people living with dementia and their family and friends are supported to live their life in the way that they want.

The group are inviting people who have dementia, their family members, friends or carers, and others who live, work or have a connection to Forest Hill to be part of this work by:

- Completing the general survey at [https://www.surveymonkey.com/r/DFC\\_ForestHill](https://www.surveymonkey.com/r/DFC_ForestHill)
- Talking about what is important in a dementia friendly community
- Helping to guide actions in the future

#### Further Information or to get involved:

**Sharon Porteous, Inner East PCP**

Email: [Sharon.porteous@iepep.org.au](mailto:Sharon.porteous@iepep.org.au)

Phone: 03 8843 2254

**Kim Rosenfeld, City of Whitehorse**

Email: [Kim.rosenfeld@whitehorse.vic.gov.au](mailto:Kim.rosenfeld@whitehorse.vic.gov.au)

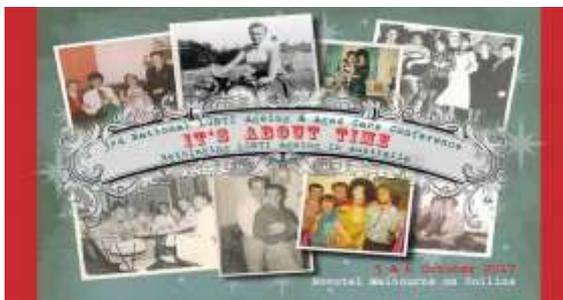
Phone: 03 9262 7530

*"Becoming a Dementia Friendly Community in Forest Hill" is supported by the City of Whitehorse, Inner East Primary Care Partnership, Carrington Health, Care3, EACH, Uniting East Burwood, Home Instead Senior Care & Villa Maria Catholic Homes*

### [Federation of Ethnic Communities' Council of Australia Annual Conference](#)

The EMR Alliance and the [Centre for Culture Ethnicity and Health](#) will be presenting at the FECCA Annual conference on the 9<sup>th</sup> and 10<sup>th</sup> October.

We will be showcasing the ["Building Culturally Inclusive Social Support Groups"](#) research and resource. Delegates will hear how the outcomes of diversity planning lead to the creation of the project, as well learning about the consultation process that took place, the key findings from the research and the key areas to address in order to build culturally inclusive social support groups. If you are interested in making your social support group more inclusive and appealing for people from CALD communities review the [resource](#) and feel free to contact the EMR Diversity Advisor for advice and support.



### [3rd National LGBTI Ageing & Aged Care Conference](#)

The EMR Alliance has been selected to provide a presentation to LGBTI Ageing & Aged Care Conference on the 5<sup>th</sup> and 6<sup>th</sup> October. The presentation will focus on the [Connecting the Pieces video](#), explaining how service providers can create LGBTI inclusive services that are person centre and focused on wellness. Participants will hear how the facilitation resource and the [diversity jigsaw](#) can assist in building the capacity of their staff and volunteers to [understand the intersect between diversity](#) and person centred care.

### [Conducting an LGBTI Audit – Understanding the Rainbow Tick](#)

The EMR Alliance will be hosting a two-part workshop for service providers interested in completing an LGBTI Audit of their organisation/service.

This is not an LGBTI training session, but a workshop that will help participants understand the requirements of the Rainbow Tick and provide an opportunity to review their current practice and areas for improvement. The sessions will be held on 4<sup>th</sup> October and 1<sup>st</sup> November – attendance at both workshops is required. There are limited spaces available. To book please visit the [EMR Alliance Workshop](#) page of the website.

## Resources and upcoming events



### Alzheimer's Australia Dementia Awareness events and activities

September is Dementia Awareness Month when we aim to give Australians a better understanding of what it is like for a person to live with dementia. It also highlights the importance of accessing services and information early to empower and enable everybody impacted by dementia, including carers.

For further information regarding events and resources refer to <http://vic-fightdementia.org.au/dementia-awareness-month>

**New dementia resource** - Alzheimer's Australia has developed a cultural insight web based resource and app for mobile devices called Cultura,

For people who care for individuals with dementia it's important to understand that each person's culture is as unique as their fingerprint. Use our 'Cultura Care model' to assist you to provide culturally appropriate support and use our 'Cultures' section to enable you to better relate and communicate with individuals from different cultures. A multitude of other cultural resources, tips and information are also available for you to explore. For further information refer to <http://cultura.org.au/insight>



**Information and data on aged care in Australia** - The Australian Institute of Health and Welfare, in collaboration with the Department of Health, has developed the GEN website, a comprehensive "one-stop shop" for data and information about aged care services in Australia. It reports on capacity and activity in the aged care system focusing on the people, their care assessments and the services they use.

For further information refer to <https://www.gen-agedcaredata.gov.au/>

**Legislated Review of Aged Care 2017** - On 14 September 2017, the Hon Ken Wyatt AO MP tabled the report of the Legislated Review of Aged Care 2017 ([the Review](#)).

The Review, led by Mr David Tune AO PSM, examines the impact and effectiveness of the changes implemented under the Living Longer Living Better reform package announced in 2012. It makes 38 recommendations for future reform to the aged care system.



**2017 ACFA Annual Report is now available** - The Aged Care Financing Authority (ACFA) presented its 2017 Report on Funding and Financing of the Aged Care Industry to Government on 26 July 2017.

This is the fifth annual report on the funding and financing arrangements and key characteristics of the Australian aged care sector. The full report as well as a shorter version are available on the [website](#).

## EMR Alliance meeting dates 2017

The EMR Alliance meetings provide an opportunity for all EMR Commonwealth Home Support Program (CHSP) and Home and Community Care Program for Younger People (HACC PYP) agencies to effectively share their knowledge and key learnings and access resources. The meetings feature updates, group discussion, and collaborative problem solving and education sessions. We hope you can join us in 2017 and welcome your feedback about the EMR Alliance and associated activities via email [emr.alliance@each.com.au](mailto:emr.alliance@each.com.au).

Wednesday 25 October 2017	9.00-11.00 am	<b>Waratah Room</b> , City of Whitehorse, 379-397 Whitehorse Road, Nunawading
Tuesday 12 December 2017	9.00-11.00 am	<b>Waratah Room</b> , City of Whitehorse, 379-397 Whitehorse Road, Nunawading