Links to other resources to support a person-centred approach

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Dementia Friendly Social Support Checklist

This checklist has been developed in four logical stages:

1 Promotion	2 Starting	3 Setting	4 Program
Let's check that the promotional information you present to clients and carers is enabling and engaging	*Let's check* that the very first interaction you have with the client and their carers is supportive, positive and individualised	*Let's check* that the spaces and places you use for social support programs are dementia friendly – signage, colours, way finding…	*Let's check* that the activities and programs you deliver support rather than confound each person

Developed by Uniting Aged Well Kalkee Community Centre and the Department of Health and Human Services Barwon South Western Region this document is a checklist summarising best practice ideas to ensure social support programs such as HACC funded Planned Activity Groups (PAGs) are dementia friendly. The purpose of the checklist is to assist all social support programs to compare current arrangements with a broad range of best practice approaches to identify improvements that will support group participants living with dementia, their carers and staff.

The resource is available to download at: http://www.g21hwbpillar.com.au/resources/dementia-friendly-social-support-–-checklist-report

Eating for Independence

Developed in the Hume Region by Home and Community Care Dietitians in 2015, the Eating for Independence Toolkit is a comprehensive training package for use by Dietitians delivering education on nutrition in older people who live in the community. It includes a Dietitians Training Guide and accompanying Participant Workbooks. The Toolkit is based on a screening and referral pathway developed specifically for community settings, known as the ICAN: Investigating Capacity to Access Nutrition.

For further information contact:
Chadia Bastin, Project Coordinator chadia.bastin@gatewayhealth.org.au or Beth Dawson, ASM IC Hume Beth.Dawson@gatewayhealth.org.au

Enabling the use of easy living equipment in everyday activities

Developed to promote, explain and encourage the use of easy living equipment and to support people using HACC services to be as independent as possible in the activities of daily living.

HACC assessors and community care workers can facilitate the use of easy living equipment in a range of ways. For example, by:

- Observing and discussing tasks that a person may find difficult
- Identifying tasks for which easy living equipment may be helpful
- Providing information and demonstrating the correct use of easy living equipment
- Assisting with purchase of supply
- Prompting, encouraging, motivating and monitoring the use of easy living equipment

The resource includes a guide, flip charts and a training video (available on the EMR Alliance youtube channel at: https://www.youtube.com/channel/UCNJNartUMt2N3odUaDBW6rA
For more information visit: http://www.health.vic.gov.au/hacc/projects/asm_equipment.htm

HACC Assessment – Living at Home Assessment Tool

The Living at Home assessment tool is available for use by HACC assessment services (HAS). The tool has a set of *Guidelines for use* which explains how the tool was developed, how to use it and who should use it.

The HACC Assessment tool is mandated for all HAS. If a HAS does not have an appropriate tool for Living at home assessments or is using the SCTT as their assessment tool then they could adopt this tool.

- The HACC assessment tool was developed to facilitate good practice in person centred, strength based assessment

- Align with the domains and questions in the National Assessment Screening and assessment tool (NSAF).

For further information or to download the tool or resource guide please visit: https://www2.health.vic.gov.au/ageing-and-aged-care/home-and-community-care/hacc-program-for-younger-people/hacc-program-guidelines/hacc-access-and-assessment

Make it meaningful: PAG assessment and care planning guidelines and tools

A resource developed for HACC Active Service Model (ASM) Planned Activity Groups (PAGs) in relation to assessment and care planning. The guidelines and associated tools will have a practical, 'how to' focus to support active service model practice. They will be applicable to the diverse range of PAGs across Victoria and support achievement of the Community Care Common Standards in relation to PAG assessment and care planning.

The practice guidelines and tools will focus on assessment and care planning in PAGs. They will include:

- practice guidelines with 'how to' information
- PAG assessment tools with instructions for use
- care planning templates for individual, goal directed care planning in a group setting
- case studies and examples for different types of organisations and different types of PAGs
- practical information and tools.

Copies of this tool are available at   http://www.health.vic.gov.au/hacc/assessment.htm

PAG Pathways V2 – A guide to implementing an active service approach to planned activity groups

Developed by Yarra Ranges Council, Caladenia Dementia Care, EACH Social and Community Health Golden Wattle and Department of Health, Home and Community Care this resource is designed to:

- assist with the implementation of the active service model principles,
- to build confidence with ASM and
- to assist users to look at the different ways of supporting people attending planned activity groups (PAGs).

The guide is designed to be a companion and reference for all staff and volunteers supporting clients who attend PAGs and their carers.

http://www.each.com.au/images/_service_files/PAG_PathwaysManual.pdf

Physical Activity in Planned Activity Groups

How much physical activity is appropriate for a PAG? This landmark study addresses this very question and makes recommendations that focus on physical activity, wellness and engagement.

The report is available at: http://www.health.vic.gov.au/regions/Gippsland/publications
The e-learning tool is at: http://www.nari.inimelb.edu.au/elearning/story.htms

Contact Dr Frances Batchelor at the National Ageing Research Institute via email at: f.batchelor@nari.unimelb.edu.au

Purposeful Activities for Dementia – Montessori based activities DVD

Purposeful Activities for Dementia offers practical ways that carers – including activity support workers, personal care attendants and other aged care professionals – can work together to engage people living with dementia in purposeful activities at home and in social groups.

Purposeful Activities for Dementia includes a workbook and a series of videos. It complements existing resources including the 'relate, motivate, appreciate toolkit'. The video presentation provides information on a range of Montessori based activities that can add further purpose to social and community interaction. Access the resources and view the video at: https://vic.fightdementia.org.au/purposeful-activities

Social Connections for Healthy Ageing: Hume Region

The Social Connections for Healthy Ageing, Guidelines and Toolkit: Hume Region aims to assist organisations and communities to initiate, strengthen and maintain social connections for older people. The resource book includes a comprehensive reference to understanding the importance of social connections for older people. It provides theory, research, context, key points to each Guideline, activities and ways to explore and understand program innovations. Included also are a range of tools to print, or adapt to support learning and assist in program design and development. The tools include links to resources, information sheets, discussion aids, planning worksheets and templates.

The Social Connections Overview & Toolkit documents are available on the Goulburn Valley Primary Care Partnership website.

- The Overview - http://www.gvpcp.org.au/wp-content/uploads/2017/01/2016-Social-Connections-Toolkit-Overview.pdf
- The Toolkit - http://www.gvpcp.org.au/wp-content/uploads/2017/01/2016-Social-Connections-Toolkit.pdf

The Care Journal

Designed and developed by FamilyCare Carer Support Services in the Hume region, The Care Journal is a communication and record book of care needs for ageing persons and family carers.

The journal is designed to be a multipurpose type of diary or planner and can be used as:
- a communication tool for services involved in care, the client and carers to assist in co-ordinating care needs
- a record of services that are in place
- a resource to find help in the aged care service system
- an important aid to keep the client's GP informed.

The Care Journal is available to download at:
http://www.familycare.net.au/resources/ID1479164449.pdf?v=1479164835&l=care-journal-web-version

The Step Forward - Together Toolkit

The Step Forward - Together toolkit is been published by CommunityWest (W.A) for community aged care providers who want to implement or improve the Wellness and Enablement focus of services and programs. The resource is produced in three parts - A Guide, Toolkit and Tools & Activities and provides information about the Step Forward pilot projects that sought to implement co production in an aged care setting.

To access the resources visit: https://www.communitywest.com.au/cw-resources/co-production/step-forward-together-resources

 ## The Support Loop

This resource has been designed to provide a feedback and monitoring framework to support organisations who have responsibility for HACC services delivered in the home or in a social support setting including home care, social support, home maintenance, transport and personal care.

An initiative of the NM&WM ASM Industry Consultants, The Support Loop recognises the vital role of Community Support Workers in supporting people to meet their support plan goals whilst monitoring progress and providing feedback.   Effective monitoring and feedback ensures that support plans are appropriate, relevant and responsive to the changing needs and circumstances of the person.

The Support Loop resource has been developed to provide HACC funded organisations with ideas and approaches for assessing their current practice and provides opportunities for improving monitoring and

To download the resource please visit: http://www.hwpcp.org.au/wp-content/uploads/2016/06/The-Support-Loop-Resource-1.pdf