



EMR HACCC Alliance e-Bulletin

*Eastern Metropolitan Region (EMR) Home and Community Care (HACC) e-bulletin - a resource to help all EMR HACC funded services implement an ASM and diversity planning approach
Issue 21—October 2015*

2015-16 ASM & Diversity Planning



Thank you to those agencies that have submitted their 2015-16 ASM & Diversity Plans. We have received over 95% of plans and are in the process of reading and reviewing the plans. Given our relocation, this process has been somewhat slower than previous years, but we thank you for your patience and expect that all agencies will be provided with feedback by the end of the week.

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The plans have highlighted lots of great work that's happening across the region and we look forward to sharing more information about your innovative practice through the Alliance over the coming months.

We are also collating a summary of the key themes in relation to your achievements, challenges and priorities moving forward. This will help inform the activities that we deliver through the Alliance in 2016, but we also help it will be useful for you to understand the breadth of ASM and Diversity priorities in your local catchment and to identify opportunities to work together and share ideas.

HACC Transition & NDIS

As you will no doubt be aware the HACC Transitional Partnership Agreement (<https://www.coag.gov.au/node/402>) and NDIS bilateral agreement (<https://www.coag.gov.au/node/526>) were both signed on 16 September 2015. For Victorian HACC funded organisations this means that:

- Services for older people (people aged 65 years and over and 50 and over for Aboriginal people) will transfer to the Commonwealth Home Support Programme from 1 July 2016
- Services for younger people (people aged under 65 years and under 50 years for Aboriginal people) will be funded and managed by the Victorian Government until the NDIS is in full operation. It is expected that some of this cohort will become participants of NDIS.

The NDIS roll out schedule indicates that Local Government catchments in the Inner Eastern and Outer Eastern Melbourne will transition to NDIS from November 2017.

Many service providers will have questions about the impact of these initiatives for their organisations, staff and clients. While the department will continue to share information about these changes as it becomes available, please access the following links to keep up with the latest information

HACC Transition website & FAQ:	www.health.vic.gov.au/hacc/transition/index.htm
Email HACC Transition questions to:	HACCtransition@dhhs.vic.gov.au
NDIS website and FAQ:	www.ndis.gov.au/vic
Email NDIS questions to:	ndis@dhs.vic.gov.au
General information about NDIS	www.dhsw.vic.gov.au/ndis

Clients can call the NDIS directly ph: 1800 800 110



Invitation: Montessori based training

In 2013, Alzheimer's Australia Vic. (AAV) led a HACC funded project to pilot the *Montessori approach to activities* in two Planned Activity Groups. Manningham Centre Association (Grevillea House) was one of the project participants and Nicole Brown, Assistant Manager kindly shared the experiences of staff, clients and carers with HACC Alliance members in August 2015. Montessori is an example of a person-centred approach to education and engagement and Montessori techniques aim to enrich the lives of people living with dementia. The EMR HACC Alliance has engaged AAV to deliver two sessions for EMR HACC Alliance members.

Target audience

Managers, coordinators and community care workers (ie: activity workers, personal carers), who seek to engage people living with dementia in purposeful activities at home and in social support settings.

Program aims & Learning objectives

To understand how to support and enable people living with dementia by applying Montessori principles to everyday practice. On completion of this session you will be able to:

- develop an understanding of Montessori and how this applies to a person living with dementia
- explore the benefits of a Montessori approach across a broad range of support settings
- develop an understanding of cognitive ramps
- explore ways of developing cognitive ramps in the participants own dementia support setting
- demonstrate the 12 Montessori principles in action

When

Session one
9.30 – 12.30 pm
Thursday 3 December 2015, or

Session 2
1.30 – 4.30 pm
Thursday 3 December 2015

** Please note
Sessions 1 & 2 contain the same content

Where

Knox Community Baptist Church
17-19 Falconer Road Boronia 3155

*Free all day on-site and street parking available

Please RSVP by providing your name, agency name and email to: emr.alliance@each.com.au

If you have any questions about the program please contact Lisa on 9837 3941 or Dale on 9837 3960



EMR ASM Industry Consultant & Diversity Advisor - we've moved...



We are pleased to say that we have made a successful relocation from the Department of Health & Human Service East Division to the EACH Patterson Street site. We have been made very welcome by staff and it has been lovely meeting with people in the organisation.

Our new IT and other systems are now all set up and we are now back on track to continue our role in supporting the EMR HACC sector to develop and implement the ASM and Diversity approach to service delivery.

We will continue to provide support across the region through the EMR HACC Alliance and look forward to a close working relationship with Eastern Metro Health.

Feel free to drop by and visit if you are in the area.

New contact information

Lisa Dean
ASM Industry Consultant
75 Patterson Street,
Ringwood East, 3135

Phone: 9837 3941
Mobile: 0455 051 447
Email: lisa.dean@each.com.au

(Monday—Wednesday)

Dale Park
HACC Diversity Advisor
75 Patterson Street,
Ringwood East, 3135

Phone: 9837 3960
Email: dale.park@each.com.au

(Monday—Friday)

EMR HACC Alliance
Email: emr.alliance@each.com.au



Easy Living Equipment in everyday activities: In-service for PAG and Social support Staff—25 August 2015 By Kate Pascale, Alliance Consultant

In 2014 the Department of Health and Human Services in partnership with the Municipal Association of Victoria launched the *Enabling the use of easy living equipment in everyday activities project* which included the distribution of an easy living equipment demonstration kit, training material and DVD to all HACC Assessment Services.

The kit includes a range of resources to support Assessment Officers and Community Care Workers introduce low cost aids or 'gadgets' that can assist clients to be as independent as possible in their everyday tasks. The project has been very successful, with a number of Councils across Victoria now actively using the resources and receiving great feedback from staff and clients.

We know that the benefits of these resources aren't limited to Council staff, so after our last Alliance meeting in August, we ran a session to introduce the *Easy Living Equipment project* resources to staff working in our local PAGs and Social Support Programs.

4 local OTs ran the session, which included an introduction to the kit and discussion about:

- when, why and how easy living equipment can be valuable for clients
- how staff can introduce equipment to clients and when it's appropriate to refer on for a clinical assessment
- the role of Occupational Therapists in local HACC services.

Staff also had the opportunity to chat to the OTs, and have a look at some of the aids that are available.



The session was a great success, with lots of people sharing great ideas and very enthusiastically testing out the different pieces of equipment ... the suction cup foot scrubber certainly seemed to win a few admirers!

Thanks to everyone who attended and a special thanks to the OT's who did a fantastic job running the session:

- **Courtney Schrader** (EACH)
- **Leonie Brockman** (Maroondah City Council)
- **Naomi Lowen** (Manningham CHS)
- **Sarah Vesey** (Knox City Council)

The Victorian HACC Education and Training Calendar is currently offering an online competency unit titled 'Support for older people to maintain independence' (CHCA317) which specifically targets community care workers who may be interested in learning more about supporting clients using this approach

https://hacc.chisholm.edu.au/Training/Support_Older_People_To_Maintain_Independence



If you'd like to find out more about the Easy Living Equipment project, a range of resources are available at :

http://www.health.vic.gov.au/hacc/projects/asm_equipment.htm

These include:

- **Equipment guide** "Enabling the use of easy living equipment in everyday activities: A guide for HACC services in Victoria"
- **Equipment flip chart**
- **Equipment checklist for consumers** (in 10 languages)
- **Staff training module**



Useful Resources & Links



HACC Education and Training

The HACC education and training calendar is available for you to access from the Chisholm website at: <https://hacc.chisholm.edu.au/> New programs are uploaded regularly so members are encouraged to check the website regularly

HAnet

HAnet is an online, interactive network for health professionals and service providers to work together, share information and resources, and discuss best practice strategies to support Victorians as they get older. It is funded by the State of Victoria and available at: <http://hanet.health.vic.gov.au/login.asp?target=default.asp>

ECCV Multicultural Aged Care Services Directory (MACSD) is an online platform for ethno-specific and multi-cultural organisations to promote and advertise their culturally specific aged care services. You can search information at www.macsd.org.au

Free LGBTI awareness training, until June 2016. Transgender Victoria (TGV) <http://www.transgendervictoria.com/projects/lgbti-aged-care-sector-training> and Gay and Lesbian Health Victoria (GLHV) <http://www.glhv.org.au/training> are providing federally funded LGBTI awareness training to the aged care sector. Contact either organisation to express interest in a session.

Free online LGBTI Aged Care Training

This online module is designed to give staff an introduction to the core principles of working in an inclusive way with older *lesbian, gay, bisexual, trans* and *intersex* (LGBTI) people. It's available to organisations throughout Australia. This training covers the basics and compliments face-to-face training. Funded by the Commonwealth Department of Social Services. For more information and registrations go to: http://acon.formstack.com/forms/aged_care_online_learning

Get ready for the NDIS with this new, free training resource 'Every Moment Has Potential'. The National Disability Insurance Scheme (NDIS) is coming and this resource can help prepare disability support workers. It is a five-module online course about "Person Centred Active Support", and was developed by Greystanes Disability Services and La Trobe University. You can access the online learning at <http://www.activesupportresource.net.au/>

Building Aboriginal Cultural Competence training delivered by the Koori Heritage Trust, 30 November at Knox Club Wantirna and 15th December Melbourne City Mission South Melbourne. Book via the Chisholm HACC training Calendar www.hacc.chisholm.edu.au

EMR HACC Alliance Meeting Dates 2015

EMR HACC Alliance meetings provide the opportunity for *all EMR agencies* to effectively share their knowledge and key learnings and access resources. The meetings feature HACC updates, group discussion, and collaborative problem solving and education sessions. From time to time, the Broad Alliance meetings will be followed by short term, fixed Focus Group meeting to complete specific pieces of work (i.e. development of a MOU). We welcome your feedback about the EMR HACC Alliance and associated activities via email emr.alliance@each.com.au

Tuesday 27 October 2015	9.00-11.00 am	Waratah Room, City of Whitehorse, 379-397 Whitehorse Road, Nunawading This session includes a recap of the arrangements for HACC Transition and the implementation of NDIS from DHHS and a workshop discussion exploring the CHSP concepts and principles of wellness, reablement and restorative care
Tuesday 8 December 2015	9.00-11.00 am	Waratah Room, City of Whitehorse, 379-397 Whitehorse Road, Nunawading